



Upper Beeding Primary School

School Road, Upper Beeding, BN44 3HY

Tel: 01903 812288

Email: office@upperbeedingprimary.co.uk

Website: <https://upper-beeding.eschools.co.uk/web>

Head Teacher: Mr M Andrews

Thursday 2nd July 2026

Dear Parents/Carers,

During this half term, Year 6 children will be involved in Relationships and Sex Education as part of their on-going Relationships, Social and Health Education curriculum.

In line with our policy we will be using the Kapow Primary RSE scheme of work; which uses videos, activities and discussions to introduce relationships and sex education at an age-appropriate level.

Topics covered with Year 6:

Physical and Emotional Changes of Puberty:

Further developing children's understanding of the physical and emotional changes that happen during puberty.

Conception:

Children learn about the biology of conception. (Parents have the right to withdraw their child from the main part of this lesson.)

Pregnancy and Birth:

Children learn how a baby develops in the womb and is born. (Parents have the right to withdraw their child from this lesson.)

If you have any questions or concerns, please have a look at our PSHE page on the school website, or speak to your child's class teacher.

You can help your child by talking to them openly and positively about these topics.

Thank you for your support.

Mr A Hughes
PSHE and RSE Leader

