



MONDAY

## HOT SPECIALS...

**Chicken Korma with Rice** 🌱

Chicken in a tasty mild curry sauce with rice

**Cheese & Tomato Pasta** 🌱

Creamy cheese sauce with tomatoes &amp; pasta

## DAILY FAVES...

**Jacket Potato** ✓  
with baked beans

## WEEK 3

W/C: 07/09, 28/09, 19/10,  
09/11, 30/11, 21/12, 11/01,  
01/02, 22/02, 15/03, 05/04

## SIDES...

**Mixed Vegetables**  
or  
**Salad**

## PICK A PUD!

**Apple & Mango Drizzle Cake** 🍏  
.....  
**Fruit Salad** 🍏

TUESDAY

**Cheese & Tomato Pizza** ✓

Deep pan pizza with a cheese &amp; tomato topping

**Salmon & Broccoli Pasta** 🐟

Salmon flakes with broccoli &amp; sweetcorn in a white pasta sauce

**Jacket Potato** ✓  
with Quorn bolognese**Green Beans**  
or  
**Salad****Oat & Honey Shortbread** .....  
**Fruit Salad** 🍏

WEDNESDAY

**Roast Gammon with Roast Potatoes & Gravy** .....**Veggie Sausage & Mash with Gravy** ✓

Quorn sausages &amp; mash with vegetarian gravy

**Jacket Potato** ✓  
with cheese**Seasonal Cabbage & Carrot Mix****Melon & Orange Cocktail** 🍏  
.....  
**Fruit Salad** 🍏

THURSDAY

**Beef Burger in a Bun with Baked Beans**

Beef burger with optional ketchup

**Butternut Squash & Chickpea Curry with Rice** ✓

Chunky vegetables in a mild korma sauce

**Jacket Potato**  
with tuna & cucumber mayo**Peas & Sweetcorn**  
or  
**Salad****Yoghurt & Fruit Slices** 🍏  
.....  
**Fruit Salad** 🍏

FRIDAY

**Fish & Chips**

Traditional battered fish

**Veggie Nuggets & Chips** ✓

Shaped breaded Quorn nuggets

**Jacket Potato** ✓  
with cheese**Baked Beans**  
or  
**Salad****Banana Marble Cake & Custard** 🍏  
.....  
**Fruit Salad** 🍏YOUR  
FAVOURITES  
available  
every dayOUR  
NEW MENU!  
chosen by our  
parents and  
children

£2.35

THREE WEEK MENU

SEPT '20—APRIL '21

Chartwells

MONDAY

## HOT SPECIALS...

**Beef Bolognese**  
A classic Italian beef bolognese  
in a tomato sauce

.....  
**Butternut Squash  
& Chickpea Curry  
with Rice** 🌱 V

## DAILY FAVES...

**Jacket Potato**  
with tuna &  
cucumber mayo

## WEEK 1

W/C: 14/09, 05/10, 26/10,  
16/11, 07/12, 28/12, 18/01,  
08/02, 01/03, 22/03, 12/04

## SIDES...

**Green  
Beans**  
or  
Salad

## PICK A PUD!

**Yoghurt &  
Granola**  
.....  
**Fruit Salad** 🍏

MONDAY

TUESDAY

**Traditional  
Mac 'N' Cheese** V

Macaroni in a creamy  
cheese sauce

.....  
**Quorn Sausage &  
Bean Hotpot** V  
Vegetarian sausage & mixed  
beans in a tomato sauce  
with roast potatoes

**Jacket Potato** V  
with baked beans

**Carrots &  
Sweetcorn**  
or  
Salad

**Melon &  
Orange  
Cocktail** 🍏  
.....  
**Fruit Salad** 🍏

TUESDAY

WEDNESDAY

**Roast Chicken with Roast  
Potatoes & Gravy**  
.....

**Cauliflower &  
Sweetcorn Bake with  
Roast Potatoes** V

Cauliflower cheese  
& sweetcorn

**Jacket Potato** V  
with cheese

**Seasonal  
Cabbage &  
Carrot Mix**

**Oat & Honey  
Shortbread**  
.....  
**Fruit Salad** 🍏

WEDNESDAY

THURSDAY

**Sausage & Mash  
with Gravy**

Pork & beef sausages  
& mash with gravy

.....  
**Cheese &  
Tomato Pasta** V  
Creamy cheese sauce with  
tomatoes & pasta

**Jacket Potato**  
with tuna &  
cucumber mayo

**Mixed  
Vegetables**  
or  
Salad

**Apple &  
Mango Drizzle  
Cake** 🍏  
.....  
**Fruit Salad** 🍏

THURSDAY

FRIDAY

**Fish & Chips**  
Traditional battered fish  
.....

**Plain Omelette  
with Chips** V

**Jacket Potato** V  
with cheese

**Baked  
Beans**  
or  
Salad

**Gingerbread  
Cookie**  
.....  
**Fruit Salad** 🍏

FRIDAY

## HOT SPECIALS...

**Cheese &  
Tomato Pizza** V  
Deep pan pizza with a cheese  
& tomato topping

.....  
**Creamy  
Chicken Pasta**  
Chicken in a tomato &  
basil pasta sauce

**Sausage & Mash  
with Gravy**  
Pork and beef sausages  
& mash with gravy  
.....  
**Bean & Lentil Casserole** V

**Roast Beef with Roast  
Potatoes & Gravy**  
.....

**Quorn Balls in Gravy  
with Roast Potatoes** V  
Vegetarian balls in  
vegetarian gravy

**Traditional  
Mac 'N' Cheese** V  
Macaroni in a creamy  
cheese sauce

.....  
**Vegetable Masala  
with Rice** 🌱 V  
Chunky vegetables in a  
mild masala sauce &  
wholegrain rice

**Fish & Chips**  
Traditional battered fish  
.....  
**Quorn Burger in a  
Bun & Chips** V  
Quorn patty in a bun  
with optional ketchup

## DAILY FAVES...

**Jacket Potato** V  
with baked beans

**Jacket Potato**  
with a tuna &  
sweetcorn mayo

**Jacket Potato** V  
with cheese

**Jacket Potato** V  
with Quorn bolognese

**Jacket Potato** V  
with cheese

## WEEK 2

W/C: 31/08, 21/09, 12/10,  
02/11, 23/11, 14/12, 04/01,  
25/01, 15/02, 08/03, 29/03

## SIDES...

**Peas &  
Sweetcorn**  
or  
Salad

**Green  
Beans**  
or  
Salad

**Seasonal  
Cabbage &  
Carrot Mix**

**Mixed  
Vegetables**  
or  
Salad

**Baked  
Beans**  
or  
Salad

## PICK A PUD!

**Muesli  
Flapjack**  
.....  
**Fruit Salad** 🍏

**Banana  
Marble Cake  
& Custard** 🍏  
.....  
**Fruit Salad** 🍏

**Melon &  
Orange  
Cocktail** 🍏  
.....  
**Fruit Salad** 🍏

**Gingerbread  
Cookie**  
.....  
**Fruit Salad** 🍏

**Yoghurt &  
Fruit Slices** 🍏  
.....  
**Fruit Salad** 🍏

V Vegetarian 🐟 Oily fish  
🌱 Wholegrain 🍏 Fruity!

Water, milk, salad,  
bread and fruit  
available every day

Available  
every day!

